

## Volunteer Role: Driver Buddy



**Where:** Canolfan Gwyrfai, Lon Cae Ffynnon, Caernarfon, LL55 2BD

**When:** Tuesdays and Fridays, 1:00 PM to 3:00 PM

**Time commitment:** 4-5 hours per week

**Main contact:** Trey McCain, Banc Bwyd Arfon, [info@arfon.foodbank.org.uk](mailto:info@arfon.foodbank.org.uk)

**Overview of the role:** Our Food bank provides three-day emergency food parcels for people in crisis, working in partnership with organisations across the community. Driver buddies play a fundamental role in the running of the food bank, accompanying the driver on collections of food donations from a variety of locations across the local area as well as assisting with delivering food parcels to the people who are unable to collect from the foodbank.

### Key tasks:

- Collecting food donations from collection points such as supermarkets, schools and churches around the local area
- Delivering food donations to the foodbank
- Transporting sorted food from the warehouse to the foodbank
- Regular loading and unloading of the work van
- Delivering food parcels to people in crisis

### About you

- Able to lift 15kg
- Adaptable and flexible
- Personable and committed

### Benefits of volunteering

- A chance to meet new people
- Contribute to your local community
- Build your confidence and feel a sense of purpose

### Support

Full training will be given, you will work with the driver to ensure safeguarding procedures are being followed.

### How to apply

For more information please contact [info@arfon.foodbank.org.uk](mailto:info@arfon.foodbank.org.uk).